



Menu Name : Yinghua Academy Grades K - 8 Lunch Menu Grade Level / Age Group : K-8 Grades		Options Provided : Hot & Hot Vegetarian Meals Meal Pattern : NSLP Meal : Lunch	
JANUARY - 2025			

Hot Meals	COLOR YOUR TRAY: The Power of Fruits in School Meals From fresh and frozen to canned, dried and 100% juice, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being. Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.				Week I
	Wednesday, January 1, 2025 No School		Thursday, January 2, 2025 No School		Friday, January 3, 2025 No School
Hot Veg					

Hot Meals	Monday, January 6, 2025 Soft Shell Tortilla Taco WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema Assorted Salad Bar Chilled Peaches Choice Milk	Tuesday, January 7, 2025 Mild Honey Sauced Drumstick Mildly Seasoned Flavorful Chicken Drumstick Assorted Salad Bar Animal Crackers Chilled Fruit Cocktail & Choice Milk	Wednesday, January 8, 2025 Mozzarella Burger Ketchup Assorted Salad Bar Banana Wheat Crackers & Choice Milk	Thursday, January 9, 2025 Premium Chicken Nuggets & Ketchup Assorted Salad Bar Assorted Fruit Cup WG Dinner Roll Choice Milk	Friday, January 10, 2025 Fresh Hot Delivered Pizza Assorted Salad Bar Crisp Varietal Apple Choice Milk	Week II
	Hot Veg	<i>Bean & Cheese Burrito</i>	<i>Pizza Crunchers</i>	<i>Garden Mozzarella Burger w/Ketchup</i>	<i>Easy-Cheesy Pull Aparts</i>	<i>Fresh Hot Cheese Pizza</i>

Hot Meals	Monday, January 13, 2025 Crunch Wrap Wg Tortilla, Chicken Tenders Shred Cheese & Boom Sauce Assorted Salad Bar Chilled Peaches & Choice Milk	Tuesday, January 14, 2025 Classic Beef Sloppy Joe Traditional Sloppy Joe meat served on WG Bun & Shred Cheese served on side Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	Wednesday, January 15, 2025 Mandarin Orange Chicken Steamed Seasoned Rice Assorted Salad Bar Banana Choice Milk	Thursday, January 16, 2025 Italiano Rosy Alfredo Pasta Bake WG Penne Rosa w/ Grilled Chicken Assorted Salad Bar Assorted Fruit Cup Choice Milk	Friday, January 17, 2025 Fresh Hot Delivered Pizza Assorted Salad Bar Crisp Varietal Apple Choice Milk	Week III
	Hot Veg	<i>Fluffy Omelet, Buttermilk Pancakes & Syrup</i>	<i>Cheesy Quesadilla</i>	<i>French Bread</i>	<i>Veg Garden Nuggets w/ Ketchup & WG Roll</i>	<i>Fresh Hot Cheese Pizza</i>

Hot Meals	Monday, January 20, 2025 No School	Tuesday, January 21, 2025 Chicken Enchilada Crunch Lunch Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base Served with Cheese on side Assorted Salad Bar Chilled Fruit Cocktail & Choice Milk	Wednesday, January 22, 2025 The Cheeseburger, that Never Gets Old-Fashioned WG Bun, Cheese Slice & Ketchup Vanilla Wafers Assorted Salad Bar Banana & Choice Milk	Thursday, January 23, 2025 Golden Corn Dog WG Chicken Corn Dog served with Ketchup Wafers Assorted Salad Bar Assorted Fruit Cup & Choice Milk	Friday, January 24, 2025 Fresh Hot Delivered Pizza Assorted Salad Bar Crisp Varietal Apple Choice Milk	Week IV
	Hot Veg	<i>Easy-Cheesy Pull Aparts</i>	<i>Mac & Cheese Bites & Ranch</i>	<i>Cheese Calzone</i>	<i>Fresh Hot Cheese Pizza</i>	

Hot Meals	Monday, January 27, 2025 Golden Chicken Tenders & Ketchup Assorted Salad Bar Chilled Peaches Vanilla Chat-Snax Choice Milk	Tuesday, January 28, 2025 Walking Taco Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	Wednesday, January 29, 2025 Cheese Hot Pocket Warm Red Sauce Assorted Salad Bar Banana Choice Milk	Thursday, January 30, 2025 Chinese Teriyaki Chicken Steamed Seasoned Rice Assorted Salad Bar Assorted Fruit Cup Choice Milk	Friday, January 31, 2025 Fresh Hot Delivered Pizza Assorted Salad Bar Crisp Varietal Apple Choice Milk	Week V
	Hot Veg	<i>Fluffy Omelet, Buttermilk Pancakes & Syrup</i>	<i>Bean & Cheese Pupusa w/ Boom Sauce</i>	<i>Stuffed Rigatoni & Grahams</i>	<i>French Pizza Bread</i>	<i>Fresh Hot Cheese Pizza</i>

*** Hot Vegetarian meals are served with vegetables, fruit of the day & milk.

Skim & 1% milk served daily. This menu is 100% pork-free.
 All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products. All rice dishes /rice products are made of whole grain brown rice.



FEBRUARY 2025 Menu (Subject to Change)					
	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025
Hot Meals	Premium Chicken Nuggets	BBQ Meatballs	Sesame Chicken	Premium Chicken Patty Sandwich	No School
	Ketchup	Mashed Potatoes	Steamed Seasoned Rice	WG Bun & Ketchup	
	Dill Cobber Crackers	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	
	Assorted Salad Bar	Chilled Fruit Cocktail	Banana	Assorted Fruit Cup	
	Chilled Peaches & Choice Milk	WG Roll & Choice Milk	Choice Milk	Choice Milk	
<i>Hot Veg</i>	<i>Twisty Stuffed Breadsticks w/ Dip</i>	<i>Veggie Garden Burger w/Ketchup</i>	<i>French Pizza Bread</i>	<i>Grilled Cheese Sandwich</i>	
	Monday, February 10, 2025	Tuesday, February 11, 2025	Wednesday, February 12, 2025	Thursday, February 13, 2025	Friday, February 14, 2025
Hot Meals	CKC Chef's Texas Burger w/American Cheese Slice	Brunch Lunch	All Beef Hot Dog	Sweet & Sour Chicken	Fresh Hot Delivered Pizza
	WG Ranch Crackers	French Toast Sticks & Syrup	WG Hot Dog Bun, Ketchup	Steamed Brown Rice	Assorted Salad Bar
	Assorted Salad Bar	Assorted Salad Bar	Potato Stix & Ketchup	Assorted Salad Bar	Crisp Varietal Apple
	Chilled Peaches	Chilled Fruit Cocktail	Assorted Salad Bar	Assorted Fruit Cup	Choice Milk
	Choice Milk	Choice Milk	Banana & Choice Milk	Choice Milk	
<i>Hot Veg</i>	<i>Vegetarian Croissant Sandwich</i>	<i>Pizza Crunchers</i>	<i>Cheese Hot Pocket w/ Dipping Sauce</i>	<i>Cheesy Quesadilla</i>	<i>Fresh Hot Cheese Pizza</i>

Week VI

Week I